

Preparing for Coil (IUD /IUS) fitting at Kingston Health Centre

We want to make your coil fitting as straightforward and streamlined as possible. When you attend for coil fitting (either Copper IUD or hormonal IUS) it is important that you have read all the information and are suitable for the procedure on the day you attend. Please make a telephone appointment with Dr Beattie or Dr McHugh ahead of booking a coil fitting appointment if you wish to discuss coil fitting in more detail or have any concerns.

Copper coil leaflet: <https://www.nhs.uk/conditions/contraception/iud-coil/>

IUS (Hormonal coil) leaflet: <https://www.nhs.uk/conditions/contraception/iud-coil/>

Video 'Having an IUD/IUS contraception fitted': <https://www.youtube.com/watch?v=bn9BTOrABa4>

Please bring this form with you when you attend the clinic.

Name:

Date of Birth:

Please tick the boxed to confirm that you have understood and agreed the following.

- I have watched the video link on IUD/IUS on Kingston Health Centre Website or read the leaflet
- I am using an effective method of contraception currently (NOT condom) and haven't had any problems (missed pills, coil or implant overdue for change). I have not had unprotected intercourse or used withdrawal since my last period. I understand that it is not safe to insert and IUD/IUS if I might be pregnant.
- I will make sure I have had breakfast on the day of the appointment. A painkiller can be taken an hour ahead of the appointment
- I am not at risk of sexually transmitted infection (e.g. I do not have a new partner) or I have been tested for chlamydia / gonorrhoea recently.
- I understand that no method of contraception is 100% effective and that the IUD/IUS has a very small risk of failure (less than 1 in 100 chance of pregnancy)
- I understand there is a risk of 1 in 1000 risk of perforation of the womb at the time of insertion of the coil.

- I understand there is a 1 in 20 risk of the device falling out.
- I understand that the IUD/IUS will not protect against sexually transmitted infection. Condoms are advised in addition especially if you have a new partner.
- I understand there is a small risk of infection (1 in 100) in the first few weeks following insertion of a coil.
- I know that the copper IUD will make my periods slightly heavier, longer and more painful
- I know that the IUS will make my periods lighter but causes bleeding and spotting in the first few months.

Signed:

Date